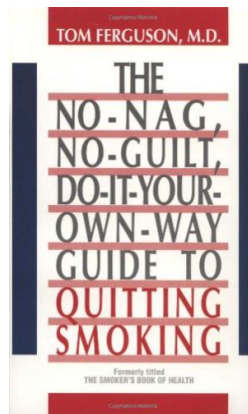


No-Nag, No-Guilt, Do-It-Your-Own-Way Guide to Quitting Smoking



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